

Personal Goals Statement

Due Date: Tuesday 1 October 2024

Recommended length: less than one page

Spend some thoughtful time considering your goals for this fall quarter course, the subsequent Grand Canyon trip, or both. Then express your goals in written form. Your written goals may be as narrow or diverse as you wish, but they should include at least two of the following four categories.

- (1) Conceptual learning about the Grand Canyon, the Colorado River, their histories in human and geological time scales, and their potential futures.
- (2) Personal or professional connection to the Grand Canyon, the Colorado River, and their constituencies.
- (3) Skills development: river skills, other outdoor skills, research design, collaborative teamwork, problem solving, communication, critical thinking ability.
- (4) Personal: self-efficacy, self-awareness, experience, confidence, resilience.